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Combating Racial Prejudices in Society

Heightening our knowledge on the systemic and institutional racism in our society and reflecting on our role in contributing to it is the first step to addressing the many injustices that occur to minority communities. Three courses of action that can be taken to combat racial prejudices in society are, uplifting and listening to the voices who have faced prejudice, starting at the grassroots level by educating our children on the racial prejudices occurring, and lastly, fighting for policies that will help bring justice and equity to these communities.

Actively seeking to unlearn racial biases that society has constructed by listening and learning from the lived experiences of the POC communities is one of the most important ways to combat racial prejudices. By actively listening to their lived experiences and having these conversations it will help stop the perpetuation of the cycle of racial biases. By becoming informed and learning of others perspectives/experiences it not only further educates us but it allows us to have critical conversations. These conversations allow for growth and a greater understanding of how we can help create change and end the racial injustices in society.

The youth are the future and educating them on the institutional and systemic racism in society is one of the most vital ways to help fight against the cycle of racial injustices. Starting at the grassroots level and encouraging schools to educate their children within our communities on the racial injustices occurring is such a powerful way to push for change. Starting these conversations at a young age will have a huge impact because they will be learning ways to

combat these biases society has constructed, they will grow in their empathy for one another, and they will have tools that they can use and nurture in helping make this world a better place.

By listening and uplifting these communities as well as educating our children and ourselves on the racial biases within society, we now have the tools to take greater action against these racial biases by voting and supporting policies that will help ensure justice for these marginalized communities. Voting for policies that support equity and justice is one of the key ways that we can be actively fighting for change. This can be done on a local level or even a national level. Fighting for justice and equity is a fight that we can never let up on until justice prevails. Learning, unlearning, educating, listening, empathizing, supporting, and fighting for these marginalized communities is how we stop the perpetuation of racial biases.